

Strength Gave Out

Mrs. Schmitt Was Miserable From Kidney Trouble Until Doan's Came to Her Assistance. Now Well.

"My kidneys gave out during the change of life," says Mrs. Margaretha Schmitt, 63 Alabama Ave., Brooklyn, N. Y. "My back ached and pained as if it were broken. When I moved in bed, sharp, darting pains caught me across my back and I couldn't turn. Mornings I was stiff and sore and it felt as if heavy weights were tied to me. I was so worn-out, I often came near falling from dizziness and flashes of fire would come before my eyes, blinding me."

"I had the most severe headaches and my kidneys didn't act regularly. The secretions passed too often and caused much distress. I was hardly able to do my housework and just to walk upstairs took all my strength."

"As soon as I began taking Doan's Kidney Pills, I improved and six boxes put me in better health than I had enjoyed for years."

Mrs. Schmitt gave the foregoing statement in 1918 and on April 6, 1917, she said: "My cure has been permanent. I keep Doan's on hand, however, and take a few doses occasionally."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

W. N. U., KANSAS CITY, NO. 13-1918.

Inquisitive Bobby.
Bobby is of the inquisitive boy age. His father, a physician, took him to his office recently and Bobby asked questions about everything in sight. Finally he got into a room where the doctor keeps some curios, including a skeleton.

"What's this, papa?" asked Bobby.
"The bones of a man."
"Whose bones, yours?"
"Hardly," the father replied.

A flat worm preserved in alcohol in a glass jar next attracted Bobby's attention.

"Oh, papa, here's a noodle. Got any more? Let's take them home for soup."

A New Way to Shave
Tender skins twice a day without irritation by using Cuticura Soap the "Cuticura Way." No slimy mug, germs, waste of time or money. For free samples address, "Cuticura, Dept. X, Boston." At druggists and by mail. Soap 25, Ointment 25 and 50.—Adv.

Rugs Made From Tissue Paper.
Rugs are now being made entirely from fine tissue paper and mixtures of paper and wool. The tissue paper is twisted into threads and woven into a compact heavy mat or fabric.

Our idea of a society man is one who neglects to say anything when he speaks.

If you would become a bondholder keep a hen.

A man is never too old to learn. If he is, then he is too old to live.

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.)
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LESSON FOR MARCH 31

JESUS OUR EXAMPLE IN SERVICE.

GOLDEN TEXT—Let this mind be in you, which was also in Christ Jesus.—Phil. 2:5

PRIMARY TOPIC—Jesus our example in helping others.

MEMORY VERSE—Follow me.—Matt. 9:9.

EASTER LESSON.

LESSON TEXT—I Cor. 15:50-58.

GOLDEN TEXT—Thanks be unto God who giveth us the victory through our Lord Jesus Christ.—I Cor. 15:57.

(Read Phil. 2:1-11.)

A great many Sunday schools will probably omit the review lesson and devote the day to some special Easter exercises. This practice we cannot wholly condemn, but we would urge every school to devote some time to a consideration of the lesson text.

Review Sunday is dreaded by many superintendents, but it is a test of knowledge and skill in teaching, as well as the character of work done during the past three months.

Some condemn Bible-school teaching by comparing it disparagingly with that of the day school without taking into consideration the difference between paid and volunteer teachers, the limited time devoted to study, discipline and other features. It is manifestly unfair to judge the Sunday school by the same pedagogical standards as are applied to our public schools. The Sunday school deals with spiritual realities and not alone with moral issues. It is a wonderful testimony to the blessing of God that with such meager equipment, training and time at our disposal, the results of the Sunday school are so wonderfully effective in the Christian development of our country. With religious education legislated out of our public-school system, almost entirely neglected in our homes, and not one family in five or six connected with the Christian church, this suggests a conditionavoring of cultured paganism. This ought not to discourage the Sunday-school worker, but rather challenge him to greater concentration and more valiant endeavor.

If a review is desired, summarize the lessons by allowing twelve classes or twelve persons to each bring in a brief digest.

Lesson 1 gives us the testimony of John the Baptist concerning the one "mightier" than himself, "whose shoes he was not worthy to unloose." Lesson 2 shows the impeccability of Jesus, in that he was "tempted in all points like as we are, yet without sin." Lesson 3 reveals him as the holy one of God, with power over unclean spirits and other sicknesses. Lesson 4 shows us Jesus as Savior who has power on earth to forgive sins. If he be not the Son of God the worship of Jesus is nothing less than paganism or idolatry. Lesson 5 shows us Jesus as Lord of the Sabbath. Lesson 6 as the Son of God, not only in his healing power but in his authority over unclean spirits with power to delegate that authority to others. Lesson 7 shows Jesus as the great teacher who will bring forth abundant fruit and eternal life. Lesson 8 shows the marvelous germinal power of the divine seed. Lesson 9 shows Jesus as the Son of God, whom even the winds and the sea must obey. Lesson 10 shows us Jesus as the Son of God with power over death. Lesson 11 shows us Jesus as not only having authority over unclean spirits, but possessing power to impart that authority to others, while Lesson 12 shows us his compassion upon the unshepherded multitude, and the exercise of his divine creative power in feeding them.

Of course such a review will be rapid and perhaps incomplete, but it will show that Jesus meets every situation and that his grace is sufficient for all the conditions of life. It will also show that his words communicate vitality to society but that their effectiveness depends upon the response which is accorded to them.

If a test is required of the pupils, a set of questions covering the work of the quarter should be prepared and given to them a week in advance, from which a half dozen might be selected for written review during the class hour. This is no theoretical plan. The writer knows of many Sunday schools where written reviews are being successfully conducted.

The Holy Land where Christ lived, suffered, died and rose again, has recently been captured from the control of the Ottoman empire, and current history indicates the probable early establishment of a Jewish state in this land of prophecy.

A Christian on his knees can get a clearer vision of heaven than a stargazer can with a telescope.

BAKED POTATO

BIG, white, mealy—with butter melting on it. Um-m-m! And you like it because it is baked. Same with Lucky Strike Cigarette

IT'S TOASTED

Cooking makes things delicious—toasting the tobacco has made the Lucky Strike Cigarette famous.



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INCORPORATED

Fire of Genius.

Chumpley (at the reception)—Is this Mrs. Passionpen, the celebrated poetess?

Mrs. Passionpen (haughtily)—It is. Chumpley (effusively)—I should have known you among a thousand.

Mrs. Passionpen—Why?

Chumpley (grandiloquently)—The fire of genius burns on your brow.

Mrs. Passionpen (derisively)—Don't be deceived, young man. That is where I scorched myself curling my hair. You'd better guess again.

Wrong Line of Talk.

Among the guests at a reception was a distinguished man of letters. He was grave and somewhat taciturn. One of the ladies present suggested to the hostess that he seemed to be out of place at such a party.

"Yes," replied the hostess, with a bright smile, "you see, he can't talk anything but sense!"—Christian Register.

Stolen sweets are often hard to digest.

Wanted to Be Helped Out.

Mrs. Styles—Will you come over to tea tonight?

Mrs. Myles—Surely.

"And will you bring your husband?"

"Why, yes."

"And your knitting?"

"Most assuredly."

"Oh, yes! I almost forgot. And will you please bring over some sugar and coal with you?"

its Destinated Change.

"What is going to become of kaiser's divine right after this war?"

"It is going to be left."

When you give up an ideal be sure you set up another in its place.

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Drop us a post card today and get FREE INFORMATION about the New Book, "CATTLE BREEDS AND ORIGIN" about all breeds of cattle on earth.

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Win the War by Preparing the Land Sowing the Seed and Producing Bigger Crops

Work in Joint Effort the Soil of the United States and Canada
CO-OPERATIVE FARMING IN MAN POWER NECESSARY TO WIN THE BATTLE FOR LIBERTY

The Food Controllers of the United States and Canada are asking for greater food production. Scarcely 100,000,000 bushels of wheat are available to be sent to the allies overseas before the crop harvest. Upon the efforts of the United States and Canada rests the burden of supply.

Every Available Tillable Acre Must Contribute; Every Available Farmer and Farm Hand Must Assist

Western Canada has an enormous acreage to be seeded, but man power is short, and an appeal to the United States allies is for more men for seeding operation.

Canada's Wheat Production Last Year was 225,000,000 Bushels; the Demand From Canada Alone for 1918 is 400,000,000 Bushels

To secure this she must have assistance. She has the land but needs the men. The Government of the United States wants every man who can effectively help, to do farm work this year. It wants the land in the United States developed first of course; but it also wants to help Canada. Whenever we find a man we can spare to Canada's fields after ours are supplied, we want to direct him there.

Apply to our Employment Service, and we will tell you where you can best serve the combined interests.

Western Canada's help will be required not later than April 5th. Wages to competent help, \$50.00 a month and up, board and lodging.

Those who respond to this appeal will get a warm welcome, good wages, good board and find comfortable homes. They will get a rate of one cent a mile from Canadian boundary points to destination and return.

For particulars as to routes and places where employment may be had apply to:

U. S. EMPLOYMENT SERVICE, DEPARTMENT OF LABOR
KANSAS CITY, MISSOURI

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For Infants and Children.
Mothers Know That Genuine Castoria Always Bears the Signature of *Chas. H. Fletcher* In Use For Over Thirty Years
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HORSE SALE DISTEMPER
You know that when you sell or buy through the sales you have about one chance in fifty to escape sale stable distemper. "SPOHN'S" is your true protection, your only safeguard, for as sure as you treat all your horses with it, you will soon be rid of the disease. It acts as a sure preventative, no matter how they are "exposed." Consumers may order direct from the manufacturers. Send remittance with your order, 50 cents and \$1.00 a bottle; \$5.00 and \$10.00 the dozen, delivered.
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Kindness is only loaned you. As soon as you receive it, you should pay it to somebody else.

Pessimism is the fog of life, optimism the sunshine. Make your life one of continued sunshine.

Easy to figure the Profits
Where in Western Canada you can buy at from \$15 to \$30 per acre good farm land that will raise 20 to 45 bushels to the acre of 32 wheat—its easy to figure the profits. Many Western Canadian farmers (scores of them from the U. S.) have paid for their land from a single crop. Such an opportunity for 100% profit on labor and investment is worth investigation.
Canada extends to you a hearty invitation to settle on her
Free Homestead Lands of 160 Acres Each
or secure some of the low priced lands in Manitoba, Saskatchewan or Alberta. Think what you can make with wheat at \$2 a bushel and land so easy to get. Wonderful yields also of Oats, Barley and Flax. Mixed farming and cattle raising.
The climate is healthful and agreeable; railway facilities excellent; good schools and churches convenient. Write for literature and particulars as to reduced railway rates to Supt. Immigration, Ottawa, Canada, or to
G. A. COOK
2012 Main St., Kansas City, Mo.
Canadian Government Agent

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